



# Northwest Center for Fluency Disorders

The Northwest Center for Fluency Disorders (NWCDF) Interprofessional Intensive Stuttering Clinic (NWCDF-IISC) is a collaborative clinic offered by the Departments of Communication Sciences and Disorder and Counseling at Idaho State University.

Our purpose is to provide effective evidence-based treatment that targets outward, overt, stuttering along with internal emotions and functional impacts on the clients. This is accomplished by individualizing therapy to each client. Each client will have one Speech-Language Pathology Graduate Student and one Counseling Graduate Student working with them throughout the entirety of the two-week clinic. Speech-Language Pathology student clinicians will target overt stuttering using individualized Stuttering Modification or Hybrid approaches to provide the client with strategies to effectively control of their stuttering severity. During individual and group sessions, Counseling clinicians will provide services based on Acceptance and Commitment Therapy (ACT) using confidence building activities, communication skills analysis, and psychoeducational dramas to decrease the negative impact that stuttering has on the individual.

Throughout the clinic clients will conquer obstacles and will discover a new more confident and capable self. We will have a day at a ropes course, visit scenic tourist locations such as Jackson, WY, Grand Teton National park, and take local trips to generalize.

*Thanks to the Brenda Malepeai Endowment and other generous donors we are fortunate enough to offer partial to full scholarships to some of the attendees.*

**Where:** The NWCDF-IISC is a residential clinic located at Idaho State University in Pocatello, ID.

**When:** July 29<sup>th</sup> - August 12<sup>th</sup>, 2017

*9am – 5pm daily with 12-1pm off for lunch and typically include three individual therapy sessions, one group therapy session, two group education / discussions, and many generalization activities.*

**Who:** Clients who stutter who are older than 15.

**How Much?** Idaho State University's Speech Pathology Clinic has recently transitioned to a free clinic, so there is no clinic fee, but we do ask that you cover your costs (approximately **\$550** which includes lodging, most meals, and clinic-related expenses over the two weeks).

**Are There Scholarships?** YES!!! We have scholarships available that are determined based on financial need. Please visit [www.northwestfluency.org](http://www.northwestfluency.org), or contact Dan Hudock, [hudock@isu.edu](mailto:hudock@isu.edu) for more information.

## **Who are involved with the clinic?**

*Dan Hudock*, Ph.D., CCC-SLP, Director of the NWCDF, Speech-Language Pathologist, and Assistant Professor in the Department of Communication Sciences and Disorders at Idaho State University. Being a person who stutters himself and attending stuttering therapy for decades, he understands what makes for successful therapy and has dedicated his life to help others who stutter.

*Chad Yates*, Ph.D., LPC, Assistant Professor in the Department of Counseling at Idaho State University. He has much experience supervising students and treating mental health needs of individuals. He is a longstanding active collaborator with the NWCDF in research, clinical, and educational endeavors.

*Casey Ulrich*, M.S., CCC-SLP, Clinical Assistant Professor in the Department of Communication Sciences and Disorders at Idaho State University. She has years of supervisory and clinical experience working with students and clients who stutter.

*McKenzie Jemmett*, M.S., CCC-SLP, Speech-Language Pathologist at TD Therapy Services, Pocatello, ID. Being a person who stutters herself and having been involved with the clinic since its inception in 2014, she is a valuable team member and supervisor.